



Sabie Xperience 2018

6-8 April 2018

Solo Challenge, Team Lite and Xtra Lite MTB Stage Race

Sunday 8 April 2018

Time Trial Route Summary: Monday 1 May 2017

(This route is subject to change, as at 17 March 2018)

(NB! All Options will do the same route, except for the sub Junior/Youth category in the Team Xtra Lite)

Stage 3 -The Time Trial - Your legs will burn

This is a relatively short, but challenging route over REAL Mountain Bike Terrain and Trails.

Summary:

The route basically follows that of 2017, which starts at The Floreat Riverside Lodge complex, and utilizes a balanced combination of the surrounding purpose-built single tracks, jeep tracks and challenging climbs situated within a 12km km radius of the start. This will also provide the spectators and supporters with an opportunity to follow the progress of their riders at numerous, accessible points along the route, whether this be at the Lake Olaf, on the Lone Creek and Bridal Veil Falls access roads, near Okkie's Dam at Ceylon Forestry Station.

The riders will find the valley bottom with many flowing single tracks great fun, while the climbs and single tracks will be more technical, and challenging, dependent on the weather! This year we have a few of contingency sections and open road climbs to allow for a change in the weather to avoid the sticky mud sections, permit the faster riders to pass slower participants more easily.

Quick Releases:

Total Distance: 38 km

Accumulated ascent: 950m

Single Track: 15km

Jeep Track: 10 km

Forestry Gravel Roads: 12km

Tar Road: 1km

Floating Bridge: 120m long

Refreshment Stations:

1. Refreshment Station 1 at Maritzbos Hut: At 17km, with energy drink, Cola, cold water, bananas and goodies. Bring your own energy bars and gels of choice. (S 25 5.969' / E30 40.900')
2. Refreshment Station 2 under the powerline: At 29km, at the base of the final climb to the Ceylon/Tweefontein Ridge. with energy drink, Cola, bananas, cold water and snacks. (S 25 5.254' / E 30 44.623')

Estimated Fastest Rider Time:

1 hour 42 minutes. Anything time below 2 hours 15 minutes will be a good result in this terrain.

Spectator Points:

1. As the riders cross the tar road leading towards Bridal Veil Falls (S 25 05.982' / E30 44.976')
2. At Lake Olaf Floating Bridge (S 25 06.526' / E30 44. 079')
3. At the Eagle Run Drop-Off (S 25 06.833' / E30 43.852')
4. At the Cave Single Track (S 25 07.026 / E30 43.342)
5. Bottom of the slippery Helter-Skelter descent (S 255.917' / E 30 44.311')
6. At the road crossing, approaching Bridal Veil Falls (S 25 05.329' / E30 44.742')
7. As the riders drop-out of the single track to Okkies' Dam (S25 05.430' / E30 44.418')

Please be extremely careful approaching these spectator points if riders are on the road! Unfortunately, the rest of the route is not easily accessible by car, or without unduly affecting the race.

Please do not drive into the Forestry areas or onto the route without permission.

No outside assistance is permitted, and riders will be penalized if they are linked to spectators in areas "out of bounds" to the public.