



Sabie Xperience 2018

Solo Challenge, Team Lite and Xtra Lite

MTB Stage Race

6 – 8 April 2018

Team Extra Lite - Day 2 Route Summary: Saturday, 7 April 2018

(This route is subject to change, as at 17 March 2018)

“High Altitude Day: “Mbabala Loop - Your Lungs will burn”

Summary:

The start and finish will, as usual, be at the Floreat Riverside Lodge. (S 25 5.492' / E 30 46.298')

The direction is again the same as 2017. After reaching “The Oaks” Refreshment Station after a fast 12km warm-up along the Sabie Valley floor, the Team Lite riders will now be following the Team Lite riders on a new “Mbabala” (Bushbuck) Loop under the pines over 3,5km before they turn back through two short single tracks, under the Liquidamber Trees

From there, after a recovery ride back to “The Oaks” at 19km, where the Refreshment station can be visited for a second time.

The next section is fast. Be careful of vehicles using the road until a turn to the left joins into the Fun Ride route where slower riders may be encountered. Pass with care. The next Refreshment Station will be at at 26km, at an elevation of 1096m above sea level.

From here it is all fun, fun, fun along a series of single tracks, bridges, Lake Olaf Floating Bridge and the Riverside Single Tracks, Merry Pebbles and to the finish at Floreat Riverside Lodge. But be aware and careful slower Fun Riders ahead and possibility of very fast riders from behind in the last few kilos.

Quick Release:

Total Distance: 35km

Accumulated ascent: 550m

Tar road: 6km

Forest Road: 14km

Jeep Track: 8km

Single Track: 7km

Three Refreshment Stations:

- 1) At approximately 12km at "The Oaks". (S25 8.371' / E30.40.425')
- 2) At approximately 19km, as the riders revisit "The Oaks" on their return. (S25 8.371' / E30.40.425')
- 3) At approximately 26km, on the split to Lone Creek Falls. (S25 06.584' / E 30 42.836')

Estimated Fastest Rider Time: 1 hour 48 minutes

Spectator Points:

1. **No. 1** - As the riders leave the district tar road to Lone Creek Falls (old Lydenburg Road) (S25 07.139 / E30 43.670')
2. **No. 2** - At the first Refreshment Station at Misty Mountain (S25 09.655' / E30 38.936'). Only accessible by 4x4 or diff-lock vehicles in wet weather. Drive up Long Tom Pass, and 2,31km beyond the Misty Mountain Chalets entrance gate on the left, take the forest road right, into the right fork down the forestry road at S25 09.935' / E 30 38.736'. Very limited parking and access at the refreshment station and KOM/QOM.
3. **No. 3** - As the riders pass the Cave Single Track on the Lone Creek Falls Road. (S25 7.016' / E30 43.321')
4. **No. 4** - As the riders cross the tar road to Ceylon Forestry Village to Bridal Veil Falls on the Riverside Single Track. S25 05.922' / E30 45.038'.

Please be extremely careful approaching these spectator points if riders are on the road!

Unfortunately, the rest of the route is remote not easily accessible by car, or without unduly affecting the safety of the participants.

Please do not drive into the Forestry areas or onto the route without permission.

No outside assistance is permitted, and riders will be penalized if they are linked to spectators in areas "out of bounds" to the public.