



Sabie Xperience 2018

Day 1: 6 April 2018

Team Lite Option

Route Summary:

(This route is subject to change, as at 17 March 2018)

Spitskop Loop: To Spitskop Quarry Dam and Back – “Your Eyes Will Burn”

Summary:

This stage starts at Floreat Riverside Lodge. (Calibrate your GPS to 1007m above sea level)

After warming up through the Sabie CBD, the participants turn right up the R537 White River tar road out of Sabie to climb for initial position on the road past Harmony Hill and up the open plantation road towards the old railway line above Spitskop Sawmill, where the route joins up with riders on the Solo Challenge route.

A drop down a great single track into the valley below to the first refreshment station at 12km, before a rhythm climb towards Spitskop mountain, then again down a steep single track, and another slippery flowing trail to the wet and dark culvert, to cross under the R537 White River Road.

A split from the Solo Challenge route pops out at the Land Rover Quarry Dam (with a view!) refreshment station at 20km and 1382m above sea level. The Team Lite rider may find themselves again feeding into the Solo Challenge at this stage for the climb up to the King/Queen of the Mountain cross-over at 1520m and an exhilarating “Scary Fast” ride down jeep track and smooth open road to Rietfontein and the public crossing (please take care – fast motorcycles!) over the R536 Sabie-Hazyview main road, and the last refreshment station at 34km near the Sabie River at 920m above sea level before grinding up the notorious “Scorpion Climb” of 250m over 3km up to the outskirts of Sabie, a single track to go past the Sabie Falls and finally back to the finish.

A word of advice on this route: **DO NOT BURN ALL YOUR MATCHES** on the initial climb up to Spitskop Sawmill from Harmony Hill, and the climb up to King of the Mountain. Payback time will come on the “Scorpion” in the last 10km!

Quick Releases:

Start: Floreat Riverside Lodge: S 25 5.492' / E 30 46.298' @ 07h30

Total Distance: 45km

Accumulated ascent: 1075m

Tar road: 4km

Forestry Road: 20m

Single Tracks: 8km

Jeep Track: 17km

Three Refreshment Stations:

- 1) At approximately 12km, (S 25 9.052' / E30 49.916') just before the climb up towards Spitskop mountain.
- 2) At approximately 20km (S 25 9.052' / E30 49.916') at the Quarry Dam. Energy drink, Cola, ice and cold water, fruit and snacks.
- 3) At approximately 34km (S 25 4.794' / E 30 49.538) next to the Sabie River after the Hazyview road crossing. Energy drink, Cola, ice and cold water, fruit and snacks. Make sure you stop here. You need something in the tank for that final "Scorpion" climb.

Estimated Fastest Rider Time: 2 hours 5 minutes for the Team Lite

Spectator Points:

1. **No. 1** - As the riders pass up through Sabie CBD on Main Road towards the White River/Hazyview exit from Sabie. (S 25 5.856' / E30 46.734')
2. **No. 4** - At the culvert under the R537 Sabie - White River road where the riders' drop-off into and ride under the road, and then up a single track parallel to the road. Please park off the main road and away from the riders' path. (S 25 8.911' / E30 69.526')
3. **No. 5** - At the Refreshment Station at the Quarry Dam. (S 25 9.052' / E30 49.916')
4. **No. 8** - At the R536 Sabie – Hazyview Road crossing. Please park off the main tar road. This is a dangerous area to park with fast motorcycle traffic through the curves. (S 25 5.027' / E 30 49.617')
5. **No. 9** - At the Sabie Falls' parking area where the riders cross under the R532 Sabie bridge. S25 05' 17.2" E30 46' 43.7" (S 25 5.272' / E 30 46.720')

Please be extremely careful approaching these spectator points if riders are on the road! Unfortunately, the rest of the route is not easily accessible by car, or without unduly affecting the race.

Please do not drive into the Forestry areas or onto the route without permission.

No outside assistance is permitted, and riders will be penalized if they are linked to spectators in areas "out of bounds" to the public.