

Checklist



ABOVE & BEYOND

SABIE
PRESENTED BY **X**PERIENCE



THE LIQUI MOLY TEAM IS EXCITED TO BE PART OF THE 2019 SABIE XPERIENCE. HERE IS OUR CHECKLIST TO HELP YOU WITH PREPPING FOR THE FUN 3 DAYS...

- ☐ 3 sets of Cycling Kit... Unless you love washing or smelling 'great'
- ☐ 3 Pairs of socks
- ☐ 'Fav' energy bars, gels and snacks - Who goes anywhere without 'padkos'. Pack this first, yes before the bike
- ☐ Cycling glasses - Clean them with our Visor cleaner, it takes the Mist out of Misty Mountain
- ☐ Helmet - The thing that goes on your head, yes you need it
- ☐ Sun screen lotion - Because your cycling kit tan does not turn anyone on
- ☐ Water bottles - Filled with water and hydration fluids

- ☐ Tubes, Chain links... The usual on route emergency kit to make sure your bike keeps up with your talent
- ☐ There will be technical stations on route every day with Liqui Moly lubes and products for you to use but always good to have a back up if technical is not that close
- ☐ Cash, Gold, Diamonds, Visa... Definitely some money to buy a friend a beer afterwards
- ☐ Gloves... Latex gloves don't count
- ☐ Cycling shoes - Those go nicely with socks
- ☐ Your Bicycle - Race ready!!

LIQUI
MOLY
BIKE

OUR RESULTS
CREATE PASSION
MADE IN GERMANY



BIKE WASH

Free Liqui Moly Bike wash available every day. Get your Bike back sparkling and race-ready for the next day

Products to test and try after your bike wash. The entire range for you to play with.



TECHNICAL STATIONS

Technical Stations on Route with ONE Request - Lubes on Brakes causes NO BRAKES, so lube on chains ONLY



GOODY BAG

Buff in your goody bag to either use under your helmet, over your mouth or over your face if you are planning to rob a bank



www.liqui-moly.co.za

